Dangerous fish of the Mediterranean

How to recognise them and what to do if you are stung

Hidden in the sand



Greater Weever

Trachinus draco

Hidden in the sand



Stingray

Dasyatis pastinaca

Hidden in the sand



Atlantic Stargazer

Uranoscopus scaber

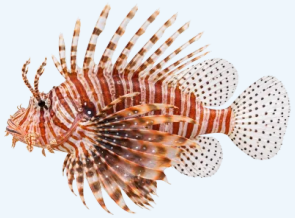
Venomous spines



Scorpionfish

Scorpaena scrofa

Venomous spines



Lionfish

Pterois miles

Venomous spines



Rabbitfish

Siganus rivulatus

Electric shock



Electric Ray

Torpedo marmorata

Never eat it



Silver cheeked Toadfish

Lagocephalus sceleratus

Stay safe

- Shuffle your feet when you walk in shallow sand.
- Do not touch fish you do not know, even dead ones.
- Do not put your hands into holes in the rocks.

If you are stung by a spine

1. Get out of the water and sit down.
2. Put the wound in hot water, about 45°C, as hot as you can bear without burning, for 30 to 90 minutes.
3. No ice. Do not cut or suck the wound.
4. See a doctor if the pain does not ease or a piece of spine stays in the wound.

Call 112 at once for trouble breathing, swelling of the face, fainting, or if someone has eaten pufferfish.

More fish and details:

aboutallfish.com/dangerous-fish-mediterranean

General first aid information. It does not replace a doctor. Free to print and share.